



The Butler Connection – JUNE

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Information for our employees

Technology Fuels Latest Care New England Outreach Campaign

CNE went media high-tech this month calling upon experts from across the system, including Dr. Mike Fiori from Butler Hospital, to hold a webisode to reach patients and their family members affected by cancer.

The webisode, which was part of a new community focused campaign called CNE Talks Health, featured a panel of experts from each of the operating units—Women & Infants', Kent Hospital, the VNA, and CNE Wellness—who came together to share their knowledge about how cancer affects the whole person—body and mind. Dr. Fiori, unit chief of the Alcohol and Drug Inpatient Unit and head of Butler's Adult Outpatient Consultation Services, spoke about how a diagnosis of cancer and treatment sometimes results in clinical depression or anxiety, as well as how to tell the difference between the normal feelings of sadness and fear that are common in patients battling cancer and something more serious. The panel was filmed in front of a live audience and broadcast live online



to over 600 viewers who were able to submit questions in real-time.

The campaign, which runs throughout the month of June, also includes enhanced web presence on each of the CNE operating unit's websites to provide facts, tips and advice relevant to the provider's expertise, as well as informational videos and outreach efforts using social media platforms,

like Facebook and YouTube, to share the information. Laura Drury, MSW, LICSW, clinical director of Social Services, also shared her expertise in handling the psychosocial aspects of cancer, both from her 27 years of experience as a clinician and from her own experience as a breast cancer survivor.

"As a member of Care New England, Butler is able to be part of caring for the whole patient through a system approach," said Patti Melaragno, director of Marketing and Public Relations at Butler. She explains that the campaign will not only

bring useful information to patients and their families, but also educate people about the continuum of care available in the CNE system, where patients can find the care they require for all of their health concerns. Visit butler.org/cancerandmentalhealth for a look at the campaign and watch for more CNE Talks Health campaigns coming soon.

President's Corner

Congratulations to the many Butler staff who recently graduated from a variety of colleges, universities and certification programs. I applaud your commitment to learning. Several staff earned their first degree, while others received advanced degrees.



Some staff earned a nursing degree, others a master's in their field, and some took a course in Spanish to better com-

municate with our patients. I appreciate the extra effort it took to be in school while working. I am pleased that the hospital is able to support staff's education goals with tuition reimbursement. This academic year, 65 employees took advantage of this benefit.

Congratulations are also in order for the graduates of Butler's Leadership Development Seminar. During the last ten months, class members grew their leadership skills through a series of seminars, including a team building exercise on the Seekonk River. See page 3 for a picture of the group rowing in unison.

I would also like to welcome the new psychiatry and psychology residents who are joining us this summer. July 1 marks a new beginning for these 10 psychiatric residents and 24 psychology residents, who are entering their postdoctoral work at Brown and Butler.

At Butler, we are lifelong learners and teachers. It is energizing to work alongside college students, medical students, new grads, and staff in pursuit of improving their skills. Together, we are paving the way for the future.



A warm welcome to the ten new doctors who began their first year in the Brown/Butler Residency Training Program this month, which is the start of the 2012-2013 academic year.

RESEARCH CONNECTION

New Grant Will Fund Research in Integrated Primary Care

The connection between physical health and mental health has been well established through countless research efforts. Now a group of researchers and clinicians at Butler Hospital are taking that connection one step further by implementing and investigating the integration of primary care practice with behavioral health services.

Thanks to a \$352,000 grant from the Rhode Island Foundation, Butler is one of seven organizations in the state working on the Integrated Behavioral Health in Primary Care project. The goal is to facilitate cooperation among an interdisciplinary team of psychologists, family physicians, and psychiatrists in order to expand and create integrated primary care programs, as well as expand teaching in integrated care for psychology and family medicine trainees.

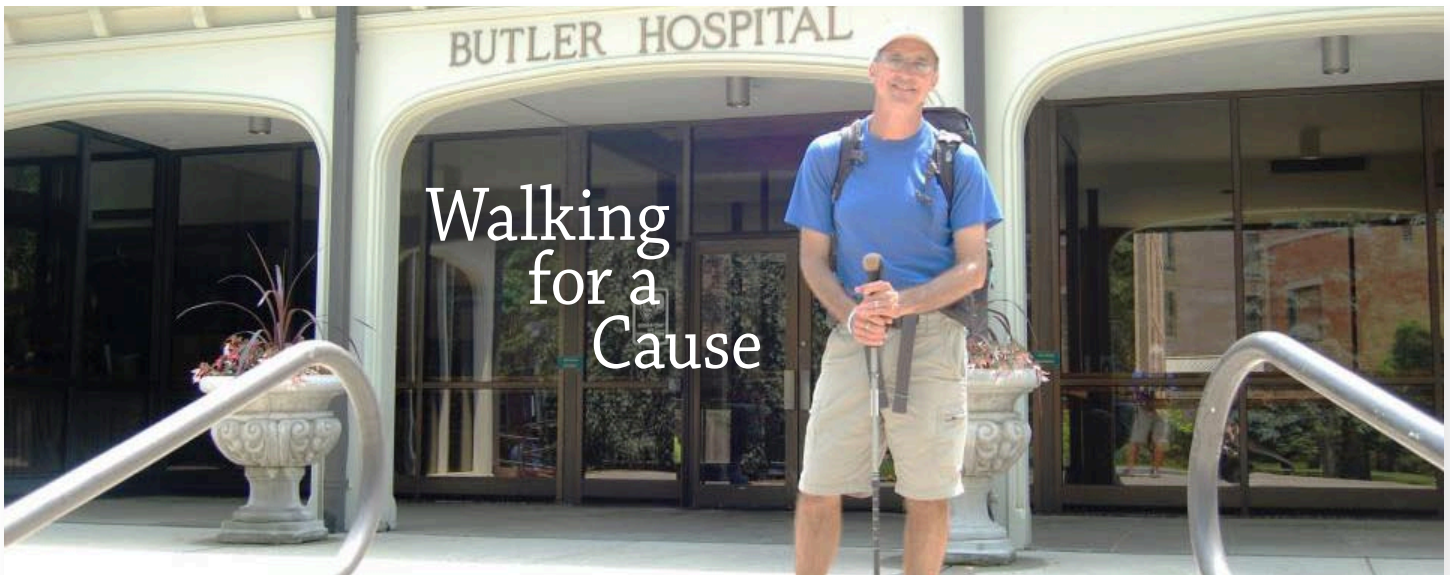
The project is a collaborative effort between Butler Hospital, the Family Care Center at Memorial Hospital, and the Departments of Family Medicine, Psychiatry and Human Behavior and the Center for Primary Care and Prevention at the Warren Alpert Medical School of Brown University.

One of the sites for the project will be the Family Health Care Center at Memorial Hospital, an existing primary care practice. Through this new program, expanded behavioral health services will be added. The second site for the project will be a new primary care clinic that will be established on the Butler campus and will include behavioral health services integrated into the primary care practice.

“The goal is to build integrated primary care programs for various problems and assess them and refine them. We will be

looking at feedback from patients and providers as well as health outcomes,” said Lisa Uebelacker, PhD, a research psychologist at Butler who will have a key role in developing the integration of services.

Uebelacker has worked closely with Risa Weisberg, PhD, at Brown University in researching the integration of primary care services with behavioral health services for more than nine years. Based on numerous studies on integrated primary care, the two hope to see results that include better communication among providers, better overall outcomes for patients, and eventual cost savings. Another long-term goal of the project and research will be the group’s ability to share lessons learned about integrated primary care with other providers in Rhode Island working toward similar goals.



Walking for a Cause

Hitting the 457 mile mark on May 29 as he reached the grounds of Butler Hospital, Dennis Asselin came a little closer to completing the long walk that began in his hometown of Cheyney, Pennsylvania. Asselin's goal was to raise awareness about Body Dysmorphic Disorder (BDD) and Obsessive-Compulsive Disorder (OCD), as well as raise funds for ongoing research into these diseases that affected his son, Nathaniel, who took his own life last

year after a 13-year struggle.

Along the way, Asselin made stops at hospitals, clinics, and treatment facilities that treat OCD and BDD. Here at Butler, he met with OCD expert Dr. Ben Greenberg and members of his staff, as well as members of Lifespan's Body Dysmorphic Disorder program, to learn more about new research being done. He also wanted to personally thank them for, "Dedicating their lives to searching deeper and deeper for treatments that

provide promise to people suffering from mental illnesses and for making these invisible diseases visible."

Asselin's 500-plus mile trek ended at an awareness rally on June 7 at the International OCD Foundation, where several members of Butler's OCD research team were present to provide information to patients and families about Butler's studies. To learn more about Asselin and his family, or to read his blog, visit walkingwithnathaniel.org.



Blood Bank Painting Donation

Danielle Dunn of the Rhode Island Blood Center (RIBC) (left) with Patti Melaragno (right), director of Marketing and Public Relations at Butler. RIBC came to Butler on June 8 to donate a print of an original artwork created for RIBC, which they reproduce for organization that sponsor four or more drives a year. The picture by Kendra Ferreira, an artist and blood recipient, is now hanging in the back room of the Ray Conference Center where Butler's future drives will be held. Donors who gave four or more times between 3/1/11 to 2/29/12 also received an unframed print. You can receive next year's original print if you start donating regularly between now and 2/29/13.

Staff-Driven Focus on Safety

Staff and patient safety are one of the four key focuses of the Butler Hospital Quality Council. In the past year and a half since the Safety Committee was established under the Quality Council, staff have instituted and expanded upon many initiatives to improve safety for both staff and patients. For example, in June, the committee hosted the annual Safe Patient Handling Fair, an event established four years ago.

During the two-day Safe Patient Handling Fair, all clinical staff were invited to learn about new safety equipment, best practices of safe patient handling, and more. "This was truly a hands-on event," said Richard Johnson, director of Nursing Operations at Butler. "Staff were able to handle safety equipment that we have and test-out equipment that has been loaned to us to see if it may be useful to our staff." Johnson adds, the entire fair was staff-driven with members sharing their expertise, advice and experience with colleagues.

Comprised primarily of mental health



workers, nurses and occupational therapists, the Safety Committee uses their experiences to highlight areas of safety concern and find creative and effective solutions to these issues. The group is made up of 16 staff members who were nominated by their peers to participate in the pilot program. Among other projects led by the committee is the De-

escalation Emergency Assist Team (DEAT), their most recent project. Look for a profile about the DEAT and the effect they have on improving safety in next month's *Butler Connection*.

Healing Arts: An Integral Part of Care



The Healing Arts Program hosted a wrap-up event to celebrate the past year of integrating creative arts into Butler's therapeutic care services. The wrap-up featured four artists- representing visual arts, drumming, poetry and dance who provided intense mentoring to Butler staff to help them develop the skills necessary to lead creative arts groups. The wrap-up was designed to showcase their skill, demonstrate the effectiveness of the groups and thank everyone for their hard work. It was attended by hospital managers, leaders, foundation and community development committee members, artists, mentees and supporters of the arts.

Leaders Rowing to the Future

The 2012 Leadership Development Training class graduated in June after completing the 10-month training. The graduates are a diverse group of staff from all areas of the hospital, who apply for a spot in the training, which gives them an opportunity to learn from a group of inspiring Butler leaders and external guest speakers. In one of their last sessions together, the group spent the afternoon on the Seekonk River for a team building exercise in rowing in unison, a great hands-on lesson in the importance of teamwork.

